



Personal Profile

Position: Cook

Characteristic	Essential	Preferred	Evidence
Physical Attributes	<ul style="list-style-type: none"> ▪ Smart appearance ▪ Good first impression ▪ Positive body language 	<ul style="list-style-type: none"> ▪ Good attendance record ▪ Projects a credible image 	<ul style="list-style-type: none"> ▪ Application form ▪ At interview ▪ First impression ▪ References
Mental Attributes	<ul style="list-style-type: none"> ▪ Mentally agile ▪ Mature outlook ▪ Handle high pressure ▪ Versatile ▪ 'Starter' & 'finisher' ▪ Quality focussed ▪ Attention to detail ▪ Committed 	<ul style="list-style-type: none"> ▪ Structured ▪ Organised 	<ul style="list-style-type: none"> ▪ At interview ▪ References
Education & Qualifications	<ul style="list-style-type: none"> • ▪ Numerate ▪ Literate ▪ Trade Qualification ▪ Hygiene Qualification 	<ul style="list-style-type: none"> ▪ Vocational qualifications ▪ RIPHH or equivalent 	<ul style="list-style-type: none"> ▪ Qualifications ▪ Testing ▪ Track record ▪ References
Experience, Training & Skills	<ul style="list-style-type: none"> ▪ Listening skills ▪ Communication skills ▪ Commercially aware 	<ul style="list-style-type: none"> ▪ Good time management 	<ul style="list-style-type: none"> ▪ At interview ▪ Qualifications ▪ References
Personality	<ul style="list-style-type: none"> ▪ Embraces change ▪ Positive ▪ Can do attitude ▪ Self motivated ▪ Reliable & dependable ▪ Customer focussed ▪ People person ▪ Motivator ▪ Team player 	<ul style="list-style-type: none"> ▪ Discreet ▪ Enthusiastic 	<ul style="list-style-type: none"> ▪ At Interview ▪ References
Social Circumstances	<ul style="list-style-type: none"> ▪ Recognises good service ▪ Enjoys work 		<ul style="list-style-type: none"> ▪ At Interview ▪ Qualifications